



## Anne

### Where are you from?

I am from Southampton, Hampshire, UK.

### What inspired you to take on the trek in aid of St Margaret's?

My best friend lost her husband to cancer a couple of years ago and St Margaret's supported her being able to keep him safe and loved at home for his final days. They have also supported Lou as a member of their nursing staff to have the time off to care for herself and family throughout Mikes illness and beyond. I am a nurse by background and spent time working for a childrens hospice so am fully aware of the lack of government funding to the hospice service and have witnessed first-hand the differences this type of care can make to all individuals who are unfortunate enough to require it. So, when Lou asked me to do this trek with her, I could not really say no. For me it is about raising funds for the hospice, supporting my best friend, and honouring an amazing man.



### Are you experienced as a trekker, or will this be your first big trek?

This will be my first overseas trek, I am more used to walking in the UK, over stiles and through fields of stinging nettles. I have completed some of the Ultra Challenges over the past few years, walking 30 miles in a day. So am really looking forwards to the gentler distances in a country I have never visited before.

### How much money are you hoping to raise for the hospice? And how do you plan to raise this money?

I am hoping to raise as much as possible. Have bombarded work colleagues for donations, asked friends for donations instead of birthday presents and am doing a stash busting sale (I have LOTS of fabric that I am never going to get through!)