



Louise

Where are you from?

I'm originally from Bristol but I've been living in Somerset for the past 18 years!

What inspired you to take on the trek in aid of St Margaret's?

I wanted to give something back to the charity that helped us all through the end stages of Mike's cancer (my husband who died over 2 years ago at home). I have worked for St Margaret's Hospice as a nurse on the In-Patient Unit for 11 years (recently left to take on new challenges). I was lucky to have an understanding of the great work and support St Margaret's provide at a very difficult time. They were there for me when I needed them most. Their wonderful Bereavement Support team have been involved with myself as well as my 2 sons (Sam and George) and they supported me through being able to live with my grief after my husband's death.



Are you experienced as a trekker, or will this be your first big trek?

I am new to trekking so this will be my first big trek. I saw it advertised and had a feeling I needed to do this to challenge myself both physically and emotionally. I invited a very good friend to join me, who is more experienced, so I have someone to push me onwards!

How much money are you hoping to raise for the hospice? And how do you plan to raise this money?

I hope to raise as much as possible through my Just Giving page and donations from my family and friends in the local community, but I realise times are very hard for a lot of people. I am self funding the trek so anything I do raise will all go direct to St Margaret's.