

GREAT SOMERSET GET PARTY



St Margaret's
Hospice Care

Why not try...

Blackberry Gin Fizz (serves 1) 18+



Ingredients:

- 50ml blackberry gin
- 25ml lemon juice, plus lemon slices to serve
- 2 tsp sugar syrup
- 1 small egg white
- Ice
- Sparkling water
- 1 blackberry or thyme sprig, to garnish

Method:

Tip the gin, lemon juice, sugar syrup and egg white into a cocktail shaker. Shake well until frothy, then add a large handful of ice and shake again until the outside of the cocktail shaker feels cold.

Double strain into a tall glass filled with some more ice, then top up with the sparkling water. Finish with a blackberry or a thyme sprig.

Pink Gin Iced Tea (serves 6) 18+

Ingredients:

- 1 chamomile tea bag
- 100ml pink gin
- 100ml spiced rum
- 100ml elderflower cordial
- 100ml pink grapefruit juice
- Ice
- Thyme sprigs, to garnish

Method:

Brew the chamomile tea bag with 500ml boiling water, brew for 2-3 minutes or follow pack instructions. Remove the tea bag and leave to cool for 5 minutes.

Pour the pink gin, rum, elderflower cordial and juice into a large jug. Add ice and stir, then add the thyme sprigs and stir again before serving.

Please drink responsibly.



St Margaret's Hospice Care

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Why not try...

Fruity Mocktail (serves 4)

Ingredients:

Handful of green grapes

Handful of blueberries

4 tbsp grenadine

300-400ml orange juice

Sparkling water, to top up

You will also need

4 bamboo skewers



Method:

Thread the grapes and blueberries onto the skewers to make stirrers.

Pour the grenadine into four glasses. Gently tip the glasses and pour the orange juice down the inside of the glasses so it sits on top of the grenadine. Top up with sparkling water and add the stirrers to serve.

How to make a perfect cup of tea

Method:

1. Choose a teabag of your choice
2. Boil your kettle - be sure to always use fresh water
3. Prepare your tea bag and teaware
4. Once the kettle is ready, pour the hot water onto your teabag
5. Wait for the tea to brew for at least 3 - 5 minutes
6. Remove the teabag
7. Add milk and sugar, if desired
8. Grab your favourite biscuit or cake
9. Enjoy!



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